

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained



DATE: August 5, 2017

TIME: 1:30 – 3:30 PM

Program: Stanzia Weatherford RN, LMT, HTP

Usui Tibetan reiki level 3

Master Instructor Level 3

OSF Center for Health

5114 N. Glen Park Place

Peoria, IL 61614

Stanzia Weatherford is an Instructor at Illinois Central College in the health careers department, teaching Concepts of Holistic Health (Alternative and Integrative Medicine) in the Therapeutic Massage Program. Her other qualifications are Usui-Tibetan Reiki Master/Teacher, Karuna Reiki Master/Teacher, Healing Touch Practitioner, Advanced Food Healing Instructor. This should be an outstanding program on some alternative health information.

33 were in attendance at our annual picnic last month held at the Rock Steady Boxing location. It was an outstanding day with perfect weather great food and time to just sit relax and socialize for a while. Thank you to Ned for making all the arrangements and thank you Dorian for letting us use the Crossfit 309 facility.

There Will be No Meeting in September, however if you are looking for a road trip you could join Barb and I at the APDA Midwest Chapter 2017 Optimism Walk at the Grand Riverwalk Pavilion Downtown Naperville. Saturday, September 9, 2017. West Jackson Ave (West End) Naperville, IL Check-in: 9:00 am Walk: 10:00 am.

A Second road trip could be a trip to Parkinson's Disease Singing Festival Saturday, August 12 at 2 PM - 8 PM. First Baptist Church of Ames, 200 Lynn Ave, Ames, Iowa 50014. All with PD and their spouses are invited to join in rehearsing and performing in a mass choir. We will start with rehearsal at 2pm, followed by a dinner, and then concert. There is no fee to participate. Please spread the word and share! To register or for any questions, contact Dr. Elizabeth Stegemöller at esteg@iastate.edu or 515-294-5966. Hope to see you there!

If you have question please feel free to contact Barb or myself at 309 699 7394



Dogs could sniff out Parkinson's years before symptoms

Scientists are investigating whether dogs can “sniff out” Parkinson's disease even before an individual's symptoms emerge.



Researchers at Manchester University began investigating the possibility of Parkinson's having discernible odour molecules after a woman in Perth, Scotland believed she detected a subtle change in her husband's smell six years before he was diagnosed with the condition.

The study, which is being carried out with the research charity Medical Detection Dogs, is investigating which odour molecules are linked to the condition so that dogs can be trained to spot the illness from skin swabs. Dogs have been trained in the past to detect cancer.

Claire Guest, chief executive of Medical Detection Dogs – which is also working on the study – said: “If all diseases have an odour, which we have reason to believe they do, we can use dogs to identify them. Dogs have 300 million smell receptors in their noses compared to our mere five million. They are first-rate bio-sensors and their ability to help us make important scientific advances should not be dismissed on account of their waggy tails and fluffy coats.”




“Pedal For Parkinson's” on November 4, 2017 is really starting to take shape Dr. Verma and Dr. Zallek are lined up to speak. Dr. Verma is the Director of Sleep Medicine and Dr. Zallek is a neurologist in the sleep clinic at OSF Saint Francis Medical Center. Dr Lamichhane will be there. Along with a number of Parkinson's Displays. Watch for information coming out soon.

PEDAL FOR PARKINSON'S
A Fundraising and Awareness Event Sponsored by
Central Illinois Parkinson's Support Group



To Support the Cause of
The Don Bohlander Parkinson's Disease FundRACERS
The American Parkinson's Disease Association Midwest Chapter

Saturday November 4, 2017
1:00 - 4:00 pm
River Plex
Recreation & Wellness Center
600 NE Water St. Peoria, IL



Visit www.heartstohands.org/events for more information